



## Social Meals

Social Meals are home style lunches or dinners featuring a program or entertainment. The menu includes coffee, tea, water, or lemonade and dessert. Cost \$13 M / \$18 NM.

### Monday, January 8th 5:30pm

Country Chicken and Biscuits

Entertainment: Dan Deluca Duo

### Monday, February 12th 5:30 pm

Chicken Parmesan or Chicken Alfredo with Pasta, and Garlic Green Beans

Entertainment: Michael Stuart - Big Band Music

### Monday, March 11th 5:30pm

Our famous Corned Beef and Cabbage or Irish Chicken, Potatoes, and Glazed Carrots

Entertainment: No Blarney!

**Register at [GillamGrant.org](http://GillamGrant.org) or call 494-1621.**

*\*\*This program made possible in part by a grant from the Genesee Senior Foundation Inc. with funds from the Rochester Area Community Foundation's Muriel H. Marshall Fund for the Aging in Genesee County.*

## Gillam-Grant Book Club

Do you enjoy reading or want to encourage yourself to read more? If so, join the Gillam-Grant Book Club. It works like this. Once a month we meet at the Gillam Grant Community Center. Initially you will be given a book to read at your leisure. Bring the book back the next month where the group will discuss it. Sally Capurso, retired English teacher, will lead the discussion and provide a preview of the next month's book, which you will take home. It's FREE. The Book Club is in association with Byron-Bergen Public Library. Register on-line at [Gillamgrant.org](http://Gillamgrant.org) or call 494-1621.

\*December meeting will take place at Byron Bergen Public Library.

Date	Book of the Month/Author
Thurs. Dec. 28* 10:30am	The 13th Gift By: Joanne Huist Smith
Thurs. Jan. 18 10:30am	The Keeper of Lost Things By: Ruth Hogan
Thurs. Feb. 15 10:30am	All the Light We Cannot See By: Anthony Doerr
Thurs. Mar. 21 10:30am	The Orphan Collector By: Eileen Marie Wiseman

## LUNCH CLUB

Once a month go to a restaurant to enjoy lunch and socialize. Transportation leaves the Center at 11:30 am. Lunch is on your own. Fee: \$10M/\$12NM Registration is required.

Date	Location
Tues. Jan. 23, 2024	Town and Country Family Restaurant, Chili
Tues. Feb. 27, 2024	Peppermints, Avon, NY
Tues. Mar. 26, 2024	Flaherty's Three Flags Inn, Webster
Tues. Apr. 23, 2024	Jines, Rochester, NY

## AARP SAFE DRIVING CLASS

### Thursday, April 4th 9:00am-3:30pm

Primary drivers can receive premium & point reduction off insurance. Bring your current AARP card. Bring a lunch, snack & drink.

**Limited spots.**

**\$35 AARP Members / \$40 Non-AARP Members**

Service fee included in cost.

## Macrame Gnome Class and Luncheon

Tuesday, February 6th 12:30pm



Learn how to make adorable macrame gnomes for Valentines Day or think ahead to Spring. You don't need any experience in macrame to make this easy beginner project. The instructor will take you through each step, so you will go home with a cute decoration to give as a gift or keep for yourself. All supplies and lunch included.

Fee: \$18 M/\$20 NM

## Bread Time Stories "with a Twist"

Tuesday, January 16th 11:00am-1:00pm

**Chet Fery, the Breadman, returns to Gillam Grant!**

Chet will share his Bread Time Stories and conduct a dough making lesson "with a twist". Most call it a pretzel, but he calls it a Chetzel! Hear stories of kindness, twist your own Chetzel and have some fun too! Hot soup and Chetzels served around noon.

Fee: \$20NM/\$25M Register by Jan. 11th



\*"This project is made possible with funds from the Statewide Community Regrant Program, a regrant program of the New York State Council on the Arts with the support of the office of the Governor and the New York State Legislature and administered by GO ART!"





### May 13-18, 2024 6 Days-5 Nights

This tour includes:

- ♦ 2 Great Shows: 1) Grand Ole Opry, 2) Nashville Nightlife Dinner Theater
- ♦ The Grand Ole Opry Behind the Scenes Tour
- ♦ Guided Tours of Nashville and Belle Meade Historic Site and Winery
- ♦ Country Music Hall of Fame & Museum
- ♦ Madame Tussauds Wax Museum
- ♦ 5 Nights Lodging
- ♦ 8 Meals: 5 breakfasts and 3 dinners

A \$100 non-refundable deposit is due by January 9th, 2024. A minimum number of travelers is required, please sign up early. \$985\*pp/double occupancy.

\*Add \$60 per person for non-members.

### **\*\*New Date\*\*** June 16-19 4 Days-3 Nights

This tour includes:

- ♦ Motorcoach transportation
- ♦ 3 nights lodging in an Atlantic City Casino Hotel
- ♦ 4 Meals: 3 breakfasts and 1 dinner
- ♦ A Casino Bonus
- ♦ Spectacular gaming and sight-seeing in Atlantic City
- ♦ Free time to spend in the casino, on the boardwalk or on the beach. The choice is yours.

A \$100 non-refundable deposit is due by February 9th, 2024.

A minimum number of travelers is required, please sign up early. \$650\*pp/double occupancy.

\*Add \$60 per person for non-members.



### **NEWSIES**

**Tuesday, July 23rd**

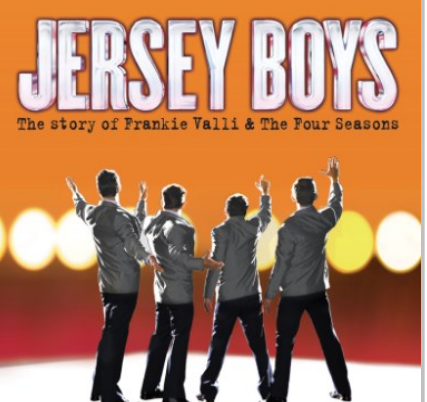
A minimum number of travelers is required by April 12th to secure this trip.

### **Broadway Musicals at the Merry Go Round Playhouse**

The bus will leave Gillam Grant at 10:00am. We will stop for lunch at Parker's Grill and Taphouse\* in Auburn. After lunch we will continue on to the Merry Go Round Playhouse for a 2:00 show presented by the Rev Theatre Co. We will arrive home at approximately 6:30pm.

Fee: \$100M/\$110NM **per trip** includes Theater Ticket and transportation on the Gillam Grant Shuttle.

\*Lunch is on your own.



### **JERSEY BOYS**

**Thursday, June 20th**

A minimum number of travelers is required by March 10th to secure this trip.



### **Take a Trip with Us to Cartwright's Maple Tree Inn Tuesday, March 5th**

Enjoy unlimited buckwheat pancakes with a serving of ham and sausage and beverage. Cost includes meal, gratuity and transportation. We will stop at Lantz's Bulk food Store after breakfast to shop for a wide variety of foods. **Leaving at 9:30am and returning around 4pm. Reservation and payment due by Feb. 27th. Limited space available. Cost:\$32M/\$37NM.**

### **Del Lago Casino Outings**

☀ **Thursday, February 22nd**

☀ **Thursday, April 18th**



Grab some friends for a fun day at Del Lago Casino. Shuttle transportation leaves the Center at 9:30am. Enjoy some playing time and lunch on your own.

Shuttle departs at 3:00pm.

Fee: \$20.00 M / \$25 NM

Limited Seating.



## PAINT AND POUR

**Friday, February 2nd - 6:00 pm**

Join instructor Angelina Brodie for a hands-on mixed media art class! Create a magical winter scene using decorative paper, paint, stencils and other materials on a rustic wood panel. Perfect for beginners!



Bring your own beverage for a fun night out with friends!  
Adult Class.  
Fee: \$30M / \$35NM

## Make Your Own Spring Doormat

**Friday, April 12th 6:00 pm-8:00 pm**

Spruce up your front porch with this make your own doormat project. We provide the blank doormat, stencils and paint and the instructor will give you step by step instructions to create this great spring themed doormat. Feel free to bring snacks and beverages.

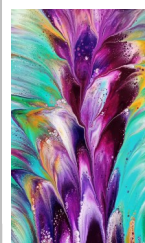
Fee: \$25M / \$30NM



## POUR AND POUR PAINTING

**Friday, January 19th 6:00 pm**

**Friday, March 22nd 6:00 pm**



Pour Painting has become super popular. When acrylic paints along with a pouring medium are used, amazing paintings can be the result! The acrylic pouring technique allows participants to apply color in puddles, pools and marble-like patterns. Pouring results in a smooth, glossy paint film that is perfectly even and blemish free. It is particularly popular with beginners as it allows artists to create paintings with dramatic, contemporary results. **We will be using a new technique each class.** Class includes all materials including two canvases. Grab your friends for a FUN night out. Bring your own snacks and beverages! Adult Class 21 and older.

Registration due one week prior to class.

\$38 M / \$43 NM

*\* goArt!*

## Laser Cut Wood Crafting

**Monday, March 25th**

**6:00 pm-8:00 pm**



Using Laser Cut wood pieces and paint Kimberly Palmer will walk you through each step to create a beautiful spring sign to display or give as a gift. All supplies are included. Adult program.

Register by March 20th.

Fee: \$35M / \$40NM

## Learn to Play the Ukulele

Experience the joy of making music with a group. Mr. Dan DeLuca, an experienced music teacher of over 30 years will be the instructor. The Ukuleles and music are provided for every class. Ukulele is a great beginner instrument. No previous music experience is necessary and there are no homework assignments, or concerts to prepare for. A great opportunity to learn ukulele skills, play songs, sing along and enjoy the music-making process. With a little bit of effort, anyone can learn to play the ukulele.

Register early as class size is limited. Class open to all ages!

### Free Introductory Classes:

- ♦ Monday, January 22nd at 10:30 am
- ♦ Thursday, January 25th at 6:30 pm

### Registration is Required for Free Classes

(limit one free class per person)

### Class Sessions

Session/Dates	Day	Time	Fee M/NM
<b>Morning Session:</b> 2/5, 2/12, 2/26, 3/4	Monday	10:30am-11:00am	\$28/\$32
<b>Evening Session:</b> 2/8, 2/15, 2/29, 3/7	Thursday	6:30pm-7:00pm	\$28/\$32

## MARTIAL ARTS PROGRAM

### Saturdays - 10 Week Sessions

Karate, a martial art, promotes physical fitness and gives improved coordination, builds confidence and self esteem. Karate promotes discipline and mental focus and is a fun activity for the whole family. Open to sages 5 through adults. Held at Byron Bergen Elementary Gym. Instructed by Hanshi Cyndy Jones.

Winter Session Dates: 12/2, 12/9, 12/16, 1/6, 1/13\*, 1/20, /27, 2/3, 2/10, 2/24.

**\*Sessions 1/13 and 2/17 will be held at Gillam-Grant.**

Late Registrations accepted.

Class Name	Time	Fee M/NM
Beginner 5 & 6	11:00pm - 11:50am	\$60/\$70
White/Yellow/Orange/Jr. Green	11:00pm - 11:50am	\$60/\$70
Green/Brown/Blue	11:00am - 11:50am	\$60/\$70
Black Belts	10:00am - 10:50am	\$60/\$70
Kali (stick)	9:00am - 9:50am	\$60/\$70
Iaido (sword)	12:00pm - 12:50pm	\$60/\$70
Jeet Kune Do/Kung Fu	8:00am - 8:50am	\$60/\$70

## VINYASA "FLOW" YOGA

This gentle vinyasa practice focuses on the breath. Class begins with meditation and then moves into a 40 minute, soft flow vinyasa practice. This consists of flowing movement in coordination with the breath. You will finish in savasana and reflect on the practice. Vinyasa yoga is great for beginners because the practice is very fluid, combining poses in sequences that focus on linking breath to movement. Participants should bring a yoga mat and water and are encouraged to bring any props that will help them deepen their practice.

Session/Dates	Day	Time	Fee M/NM
Winter Session 1: 1/3-2/7	Wed	6:00 - 7:00pm	\$42/\$52
Winter Session 2: 2/21-3/27	Wed	6:00- 7:00pm	\$42/\$52

**Program Registration Policy** Registration and payment with GGCC is required one week prior to the program, unless otherwise indicated. GGCC reserves the right to cancel programs for any reason including lack of participation. Gillam-Grant adheres to a no-refund policy unless otherwise indicated specific to a program. Gillam-Grant reserves the right to charge a \$40 returned check fee.

## HIIT Cycling (High Intensity Interval Training)

Bursts of effort integrated with free weight segments and followed by recovery, these rides challenge the mind and strengthen your body inside and out. Expect a new class and a new playlist every time!

Session/Dates	Day	Time	Fee M/NM
Winter Session 1: 1/2-2/6	Tuesday	6:00pm - 6:45pm	\$42/\$52
Winter Session 1: 1/4-2/8	Thursday	6:00pm - 6:45pm	\$42/\$52
Winter Session 2: 2/20-3/26	Tuesday	6:00pm - 6:45pm	\$42/\$52
Winter Session 2: 2/22-3/28	Thursday	6:00pm - 6:45pm	\$42/\$52

## YIN YOGA

### \*NEW TO GILLAM GRANT\*

Yin Yoga is low impact stretching that targets the fascia and other deep connective tissues. Poses are held 3-5 minutes and will mainly be performed on the ground. This type of yoga focuses more on the functional approach to the poses. We will concentrate on the target areas and allow your body to bend and curve the way it naturally wants to. This class is recommended for anyone who is able to remain still and relax into the positions for extended periods of time. The class will begin with meditation and end with savasana (supine position). Participants must bring a yoga mat and water and are encouraged to bring any props that will help them deepen their practice.

**Try out this new class for free on  
Wednesday, January 10th**

**9:30am-10:30am**

Must register ahead of time as space is limited for this free class.

See below for session dates, times and pricing.

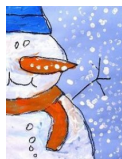
Session/Dates	Day	Time	Fee M/NM
Winter Session 1: 1/17-2/7 4 week session	Wed	9:30am-10:30am	\$28/\$34
Winter Session 2: 2/21-3/27 6 week session	Wed	9:30am-10:30am	\$42/\$52



## Paint With Lorie Grades 3-8

3:30-5:00 pm

January 17th-Volume  
Snowman Painting



March 14th-Mandala  
Painting



Sign up to create art with local artist Lorie Longhany. Each class will be a new project. Students will bring home fantastic creations, while learning art fundamentals.

Fee for each class: \$20M/\$25NM

\* goArt!



### FIRST LEGO LEAGUE CHAMPIONS

Congratulations to the Gillam Grant First Lego League Team "GO FISH" for winning the Champion's Award at the FLL Qualifier Tournament at Spencerport High School. They also won the Robot Performance Award! This win qualifies them for the Finger Lakes Championship Tournament in February. Way to "SNAG" the Win Team GO FISH!

Team Members: Evan Coolidge, Chase Richardson, Molly Yerdon, Joel Deleo, Ian Bannister, Caleb Herrmann, Grant Kuipers, Liam McAllister, Christian Perkins and Owen McAllister. Coaches: Vicki Kuipers, Chris Deleo & Les Kuipers

**THANK YOU** to the following businesses for their support of the 2023-2024 First Lego League Challenge Team. Their generosity has allowed us to purchase new Robots for the team which provides more opportunities for each student.



L3HARRIS

Liberty Pumps



## Easter FAMILY Laser Cut Wood Crafting

Saturday, March 2nd  
at 10:00 am

Join Kim Palmer for a fun laser cut wood craft for the family. Adult and child will work together to create this sweet Peep Family Sign made from laser cut wood. All supplies are included.

Fee for 1 adult & 1 child: \$40M/\$45NM

Each additional child \$6

Appropriate for children ages 5 & up.



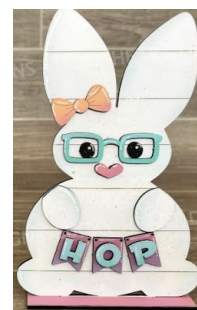
## Laser Cut Wood Crafting for Kids

Tuesday, March 19th

3:30pm-5:00pm

Using Laser Cut wood pieces and paint, Kimberly Palmer will walk the students through each step to create a Bunny shelf sitter. All supplies are included. Grades 2-6.

Register by March 14th. Fee: \$20M/ \$25NM



## Kids Pour Painting Class

Wednesday, January 24th

3:30pm-5:00pm Grades 3-8

Pour Painting is so much FUN! Pour painting is a fun creative painting method that gives you an amazing and different art piece each time you create. Kids will learn two techniques of pour painting in this class. This abstract art is for all skill levels! Register by January 17th.

Fee: \$20M/\$25NM

\* goArt!

## Art with Angelina Grades K-2



January 31st - Snowflakes

3:30-5:00pm

March 6th - Stencil On Wood

3:30-5:00pm

Sign up with Angelina Brodie to create fun and interesting art pieces. Students will use different techniques to fuel their creativity.

Fee for each class: \$20M/\$25NM



## LEGO BUILDING CLUB



Sr. Lego Club Grades 3 - 6

Jr. Lego Club Grades K - 2

Build a Lego creation using our blocks. Kids are challenged with a themed project each session. While applying creativity and engineering skills, participants have fun while mastering their project.

Cost: \$12M/15NM

Theme	Sr. Lego	Jr. Lego	Time
Cupful Challenge	Jan. 9	Jan. 25	3:30-5:00pm
Build a Spaceship	Feb. 13	Feb. 28	3:30-5:00pm
Mystery Theme	Mar. 7	Mar 21	3:30-5:00pm

## KIDS CRAFT TIME

Does your child love to craft or be creative? Sign them up for one of the craft days below, right after school! Classes run 3:30 pm - 5:00 pm. Transportation from school is available. All supplies included. Grades K-6.

Date	Project	Cost M/NM
1/18/24	Snowman Activity	\$15/\$20
2/7 & 2/8	Candy Making	\$15/\$20
3/13/24	Leprechaun Traps	\$15/\$20

*Special Valentine Craft Time*

## Candy Making



**Wednesday, February 7 Grades 3-6**

**Thursday, February 8 Grades K-2**

**3:30pm-5:00pm**

Let's make some candy for your special valentine.

The kids will create their own valentine treats and then create a special package for displaying their yummy creations. This is a messy process, so please send an old shirt or art smock with your child that day. Spots are limited, register early. \$15M/\$20NM



**Date Night Drop Off**  
**Friday, March 8th**  
**6:00pm-8:30pm**



Parents take a night off and send the kids to Gillam Grant for some ooey gooey experiments!

Dinner and dessert is included. Register by March 1st  
Grades: K thru 6th

## TUTORING

Tutoring is available throughout the year to help your student when classes get tough. Open 2:30 pm to 8:00 pm Monday thru Friday, by appointment only. Call 494-1621 and speak with Amy to register and schedule sessions. Cost dependent on needs.

## STORY TIME

**Wednesdays at 10:30 a.m.**

Each week join Marilyn Pocock for story hour in the Community Room! Children will enjoy entertaining stories, activities, and a snack! Appropriate for children ages 2+ with a parent/caregiver.

No registration necessary, just drop in.



## MUSIC LESSONS for ALL AGES



**Piano - Guitar - Harp**

Half hour lessons are offered on Mondays or Thursdays. Instructed by Deborah Sorenson. Please call for availability. Cost is \$25M/\$27 NM per person, per lesson. Sibling discount available.

## Cardboard Challenge

**Project Theme: Transportation**

**Tuesday, January 30th ♦ 3:30-5:00**



The Cardboard Challenge is an opportunity for kids to play and learn by using simple materials to build the things they imagine. The Cardboard Challenge lets kids explore their

interests, creativity, and passions while learning skills like critical thinking, resourcefulness, perseverance and teamwork. Kids will use all kinds of materials for the challenge including scissors, tape, glue, paint, embellishments, cardboard, boxes and paper.

Parents please note that students will be using tools including hot glue guns, scissors and cardboard cutters.

For Grades 3rd thru 6th

Fee: \$15M/\$20NM





*50 Years Serving  
the Community*



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Bergen, NY 14416

Non-Profit Organization  
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Brockport, NY 14420

# BOXHOLDER



## 50th Anniversary Gala

Thank you to everyone that attended and supported the Gillam-Grant Community Center 50th Anniversary Gala. We are so appreciative to have shared this anniversary with so many amazing community members. Special thanks to Mr. Richard Glazier, a founding father of the community center and Steve Hawley. We would also like to thank Liberty Pumps as our "Time Capsule" sponsor. The original time capsule encased in the building's cornerstone was removed for the anniversary and will be returned with additional items representing the Center in 2023... 50 years later.



**Liberty Pumps®** Time Capsule Sponsor

