



# Gillam Grant Community Center

NEWSLETTER WINTER 2022-23

GILLAMGRANT.ORG

## Pigeon Forge & Smoky Mountains Show Trip



**May 15-20, 2023  
6 Days 5 Nights**

This Show Trip includes 6 shows, as well as, a guided tour of the Great Smokey Mountains National Park and free time in Historic Downtown Gatlinburg.

Shows Included in this Trip: Smith Morning Variety Show, Patty Waszak Show, Magic of Terry Evanswood, Soul Of Motown, America's Hit Parade, & Country Tonite. 8 Meals included: 5 breakfasts and 3 dinners. This trip offers something for everyone. \$100 non-refundable deposit is due by January 9th, 2023. A minimum number of travelers is required, please sign up early. \$745\*pp double occupancy. \*Add \$60 per person for non-members



## Mackinac Island



**September 11-16, 2023  
6 Days, 5 Nights**

Visit to Mackinac Island, including a Guided Carriage Tour. Includes 8 meals: 5 breakfasts and 3 dinners. Take a boat ride through the Soo Locks, take some free time to explore and sight-see in Sault Sainte Marie. We will visit Mackinaw Crossings and Colonial Michilimackinac. Fort Michilimackinac State Park is a state park located in Mackinaw City along the Straits of Mackinac. Enjoy gaming excitement at Kewadin Sault Casino. \$675\* per person double occupancy. \$100 non-refundable deposit due by May 1st, 2023. A minimum number of travelers is required, please sign up early. \*Additional \$60 per person for non-members.

**SANTA'S  
WORKSHOP**

**IS BACK!  
December 10th**

We are back to our traditional SANTA'S WORKSHOP!  
Join us for some fun holiday activities on December 10th.

9:30am Pre-School and Kid Zone Perform

10:00am Glenn Colton's Christmas Show

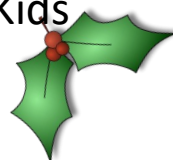
10:45am-1pm Santa Visits

9am to 1:30pm Kid's Secret Shop is OPEN!

*Secret Shopping for kids only.... Bring your list!*

10:45am - 1:30pm Christmas Crafting for Kids

11:30 am Cookie Decorating



## ANNUAL OPEN HOUSE

**January 20, 2023  
7:00pm-9:00pm**

Gillam-Grant is kicking off our 50th year of serving the community with the annual open house. Everyone is invited to visit the center, enjoy the musical entertainment, snack on appetizers, and socialize with friends and neighbors.

**Celebrating 50 YEARS!**

## Social Meals

Social Meals are home style lunches or dinners featuring a program or entertainment. The menu includes coffee, tea, water, or lemonade and dessert. Cost \$13 M / \$18 NM.

### Monday, November 14th 5:30pm

Entertainment: LeRoy Town Band  
Loaded Turkey Tetrazzini and dessert.  
Register by November 9th.

### Monday, January 9th 5:30pm

Entertainment: Dan DeLuca & Eric Davidson\*  
Country Chicken and Biscuits with roasted asparagus.

### Monday, February 13th 5:30pm

Entertainment: BB Senior High Drama Club  
Lasagna served with roasted veggies and garlic cheese bread.

### Monday, March 13th 5:30pm

Entertainment: No Blarney!\*\*  
Gillam Grant's famous corned beef and cabbage with potatoes. Maple glazed carrots. Alternate meal: Pork chops with potato and carrots.

**Register at [GillamGrant.org](http://GillamGrant.org) or call 494-1621.**

*\*This program made possible in part by a grant from the Genesee Senior Foundation Inc. with funds from the Rochester Area Community Foundation's Muriel H. Marshall Fund for the Aging in Genesee County.*

*\*\*This project is made possible with funds from the Statewide Community Regrant Program, a regrant program of the New York State Council on the Arts with the support of the office of the Governor and the New York State Legislature and administered by GO ART!*

*GO ART!*

## MARTIAL ARTS PROGRAM

### Saturdays - 10 Week Sessions

Fall Session Dates: 12/3, 12/10, 12/17, 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18 **\*Sessions 1/14 and 2/18 will be held at Gillam-Grant.** Late Registrations accepted.

|                               |              |           |
|-------------------------------|--------------|-----------|
| Beginner 5 & 6                | 11- 11:50am  | \$55/\$65 |
| White/Yellow/Orange/Jr./Green | 11- 11:50am  | \$55/\$65 |
| Green/Brown/Blue              | 11- 11:50am  | \$55/\$65 |
| Black Belts                   | 10- 10:50am  | \$55/\$65 |
| Kali (stick)                  | 9- 9:50am    | \$55/\$65 |
| Iaido (sword)                 | 12 - 12:50pm | \$55/\$65 |
| Jeet Kune Do/Kung Fu          | 8:00- 8:50am | \$55/\$65 |

## LUNCH CLUB

Once a month go to a restaurant to enjoy lunch and socialize. Transportation leaves the Center at 11:30 am. Lunch is on your own. Fee: \$8M/\$10NM Registration is required. (\*\*Note: Dec. lunch is on a Tuesday)

| Date                      | Location                         |
|---------------------------|----------------------------------|
| Mon. November 28, 2022    | Mangia Mangia, Spencerport, NY   |
| ** Tuesday, December 13th | Philips European Restaurant      |
| Mon. January 23, 2023     | Olive Garden, Henrietta, NY      |
| Mon. February 27, 2023    | Cheesecake Factor, Pittsford, NY |

## Del Lago Outing, Wednesday, Jan. 18th

Grab some friends for a fun day at Del Lago Casino. Shuttle transportation leaves the Center at 9:30am. Enjoy some playing time and lunch on your own. Shuttle departs at 3:00pm. \$20 M / \$25 NM Limited Seating.



## Holiday Coffee and Craft Time\*

### Wednesday, December 14 10:00 am

Create a whimsical holiday ornament that you can hang on your tree or give as a gift. Enjoy pastries and a warm drink while getting into the spirit with your friends at Gillam Grant. **This is a free program, but you must register ahead of time as space will be limited.**

**Call 585-494-1621**

## HIIT Cycling (High Intensity Interval Training)

Bursts of effort integrated with free weight segments and followed by recovery, these rides challenge the mind and strengthen your body inside and out. Expect a new class and a new playlist every time!

| Session/Dates                       | Day      | Time       | Fee M/NM  |
|-------------------------------------|----------|------------|-----------|
| <b>Winter Session 1: 11/ 29-1/3</b> | Tuesday  | 6 - 6:45pm | \$38/\$48 |
| <b>Winter Session 1: 12/1-1/5</b>   | Thursday | 6 - 6:45pm | \$38/\$48 |
| <b>Winter Session 2: 1/17-2/21</b>  | Tuesday  | 6 - 6:45pm | \$38/\$48 |
| <b>Winter Session 2: 1/19-2/23</b>  | Thursday | 6- 6:45pm  | \$38/\$48 |

## Holiday Laser Cut Wood Crafting for Kids

### Wednesday, December 14th

### 3:30pm-5:00pm

Using Laser Cut wood pieces and paint Kimberly Palmer will walk you through each step to create your own Whimsical Holiday Sign to display or give as a gift. All supplies are included. Grades 2-6.

**Register by Dec. 7th Fee: \$20M/ \$25NM**



## KIDS CRAFT TIME

Does your child love to craft or be creative? Sign them up for one of the craft days below, right after school! Classes run 3:30 pm - 5:00 pm. Transportation from school is available. All supplies included. Grades K-6.

| Date     | Project                    | Cost M/NM |
|----------|----------------------------|-----------|
| 12/15/22 | Santa Sleigh & Reindeer    | \$15/\$20 |
| 1/19/23  | Snowman Stargazer Painting | \$15/\$20 |

## 2022 - 23 LEGO BUILDING CLUBS

Sr. Lego Club Grades 3 - 6 ● Jr. Lego Club Grades K - 2  
Build a Lego creation using our blocks. Kids are challenged with a themed project each session. While applying creativity and engineering skills, participants have fun while mastering their project.

Cost: \$10M/\$13NM



| Theme             | Sr. Lego | Jr. Lego | Time        |
|-------------------|----------|----------|-------------|
| Christmas Theme   | Dec. 7   | Dec. 21  | 3:30-5:00pm |
| Building Bridges  | Jan. 12  | Jan. 26  | 3:30-5:00pm |
| Imagination Build | Feb. 2   | Feb. 16  | 3:30-5:00pm |

## TUTORING

Tutoring is available throughout the year to help your student when classes get tough. Open 2:30 pm to 8:00 pm Monday thru Friday, by appointment only. Call 494-1621 and speak with Amy to register and schedule sessions.

Cost dependent on needs.

## Kids Art Classes

with Local Artist Lorie Longhany

**Wednesdays 3:30pm-5:00pm**

**January 11, 18, 25 & February 1**



This 4-week series of paint classes will be taught by local artist Lorie Longhany. Instruction will cover the color wheel, perspective drawing, watercolor and acrylic painting. Students will bring home fantastic creations, while learning about art fundamentals. Students should bring an art smock or old t-shirt to each class to protect clothing. Grades: 3rd-6th  
4 Class Series Fee: \$48M / \$53 NM

## CHESS LESSONS

**Tuesdays 3:30pm-5:00pm**

**Winter Session 1: Nov. 8th - Dec. 13th \*no class Nov. 22\***

**Winter Session 2: Jan. 10 - Feb. 14th**

All abilities welcome. Larry Bradt, who has 15 years experience as an instructor and club leader will be teaching the class. Students will learn the basics of chess as well as strategies.

**Grades 3rd thru 8th**

**6 Lesson Fee: \$38 M/ \$43 NM**



## Storytime

**Wednesdays at 10:30 a.m.**

Join Marilyn Pocock for story hour in the Community Room! Children will enjoy entertaining stories, activities, and a snack! Appropriate for children ages 2+ with a parent/caregiver. No registration necessary, just drop in.  
No Storytime 11/23 or 12/28

## MUSIC LESSONS for ALL AGES

**Piano - Guitar - Harp**

Half hour lessons are offered on Mondays or Thursdays. Instructed by Deborah Sorenson. Please call for availability. Cost is \$25M/\$27 NM per person, per lesson. \$5 session discount for each additional sibling per lesson paid on a monthly basis.



**Cook for Social Meals:** 1 Monday a month. Responsible for planning, prepping, cooking and clean-up. May have other opportunities as well.

**HIIT Cycling Instructor:** Needed for Thursday night class starting in January.

*Please contact Amy Drake if you are interested.*



Special Valentine Craft Time

**Candy Making****Tuesday, February 7 Grades K-2****Wednesday, February 8 Grades 3-6****3:30pm-5:00pm**

Let's make some candy for your special valentine. The kids will create their own valentine treats and then create a special package for displaying their yummy creations. This is a messy process, so please send an old shirt or art smock with your child that day. Spots are limited, so please register early. \$15M/\$20NM

**VINYASA "FLOW" YOGA**

This gentle vinyasa practice focuses on the breath. Class begins with meditation and then moves into a 40 minute, soft flow vinyasa practice. This consists of flowing movement in coordination with the breath. You will finish in savasana and reflect on the practice. Vinyasa yoga is great for beginners because the practice is very fluid, combining poses in sequences that focus on linking breath to movement. Participants should bring a yoga mat and water and are encouraged to bring any props that will help them deepen their practice.

| Session/Dates               | Day | Time          | Fee M/NM  |
|-----------------------------|-----|---------------|-----------|
| Fall Session 2: 11/9-12/21  | Wed | 6:00 - 7:00pm | \$38/\$48 |
| Winter Session 1: 1/4-2/8   | Wed | 6:00 - 7:00pm | \$38/\$48 |
| Winter Session 2: 2/22-3/29 | Wed | 6:00- 7:00pm  | \$38/\$48 |

**POUR AND POUR PAINTING****Friday, January 27th 6:00 pm**

Pour Painting has become super popular. When acrylic paints along with a pouring medium are used, amazing paintings can be the result! The acrylic pouring technique allows participants to apply color in puddles, pools and marble-like patterns. Pouring results in a smooth, glossy paint film that is perfectly even and blemish free. It is particularly popular with beginners as it allows artists to create paintings with dramatic, contemporary results. In this class you will have the opportunity to create your own masterpiece and **we will be using a new technique each class**. Class includes all materials including two canvases. Grab your friends for a FUN night out. Bring your own pour beverage! Adult Class. Register by January 20th. \$30 M / \$35 NM \*\*



goArt!

6966 West Bergen Rd.  
Bergen, NY 14416

Non-Profit Organization  
U.S. Postage Paid  
Permit #17  
Brockport, NY 14420

**BOXHOLDER****Valentine Date Night Drop Off****Friday, February 10th****6:00pm - 8:30pm**

Parents enjoy a night out while your kids have fun at the Gillam Grant Center. The kids will play games, do a Valentine Craft and enjoy a pizza dinner and special Valentine Desert.

Grades: K thru 6th \$25 per child / \$45 for 2 children

**NAILED IT! Cake Challenge****Winter Theme****Saturday, January 28th****Grades 3-8 9:00am-11:30am**

Let's have some cake decorating FUN!

Join Pam Johnson in a fun spirited cake decorating challenge. Learn or perfect techniques for piping, edging, flower making, smoothing, and more.

**Register by January 22nd Class fills quickly!**

**Fee: \$30M/\$35NM**

**HAVE A "LATTE" FUN CAKE DECORATING for Adults****Friday, February 3rd 6:00 pm -8:30 pm**

Join instructor Pam Johnson in a fun spirited cake decorating challenge. Learn techniques for piping, edging, dripping and fondant smoothing while sipping on your favorite beverage. (Bring your own beverage.) You will take home a sweet treat to share with your family. All supplies included.

Register by January 25th

Cost: \$30 M / \$35 NM

