

# GILLAM GRANT COMMUNITY CENTER



October, 2010

[gillamgrant.org](http://gillamgrant.org)

(585) 494-1621

## **Penn State Women's Volleyball Game Excursion ~ Friday, Nov. 19th**

Join us as we take a motor coach to Penn State University to see the three time National Champions girls volleyball team play. It's SENIOR NIGHT and among the seniors being honored will be Alyssa D'Errico, former Byron-Bergen All Star player. Sit back and enjoy the comfortable, relaxing ride on a motor coach. We will get there in time for you to buy your own dinner and walk College Ave. before the game. Bus will leave the Center promptly at 1pm and return approximately 1am, 12 hours later. Cost (includes game ticket & transportation): \$50 members/\$55 non-members. Anyone under the age of 18 must be accompanied by parent, guardian or supervising adult. Space is limited—don't wait to reserve your spot.

Reservation and payment deadline is November 1st.

## **First Annual Gingerbread House Contest**



Let visions of sugarplums dance in your head while the smell of gingerbread wafts through your kitchen as you prepare your creative entry! Registrations will be accepted on a first come, first serve basis with a limit of 50 entries. Rules and information will be available beginning October 29th, including registration forms and prize information. Fee: \$10 members/\$12 non-members of Gillam-Grant. Gingerbread houses will be displayed at Santa's Workshop and prizes awarded on December

## **FREE Family Concert At Gillam-Grant**



### **Wednesday, November 10th**

Join us on **November 10 at 6:30pm** for a special performance by the area's local award winning entertainers, Bart & Kevin. Bart & Kevin have been professional songwriters and performers for over 20 years. They will present for us a family



event that is designed for the enjoyment of all ages, from young children to grandparents. Bart & Kevin will feature all their favorites including "I Wish I were a Dinosaur". Bring the kids out for a free and FUN time!

*This program is made possible with funds from the Decentralization Program, a re-grant program of the NYS Council of the Arts, administered by the Genesee-Orleans Art Council.*

## **Family Portraits *For the Holidays* November 6th, 2010**

Mark Kulikowski, of *Southside Photography Portrait Studio*, offers our community the opportunity to have family pictures taken on November 6th at the Gillam-Grant Community Center. Many package choices are available at reasonable rates and will be returned to you prior to the Christmas holiday, so that you can share them with family and friends. The sitting fee is only \$12 per family and will be donated to the community center. Call Southside Photography at (585) 813-4248 to schedule a sitting or for questions.

## **Swimming Lessons SATURDAYS ~ Oct. 16th— Nov. 20th**

**6 week session.** Beginner, Intermediate and Advanced Lessons under the direction of Coordinator Danielle Carson. Registration forms are available at Gillam-Grant & sent home with children at BB Elementary. Call 494-1621 for more information. Registration required prior to the start date of class. First come basis. Fee: \$30M/ \$35NM

## Apple Butter & Apple Pie Luncheon at Hurd's Orchard

On **October 7th**, we will be enjoying delicious apple butter served on breads steaming from the oven and who could resist that all-American dessert apple pie!

Transportation leaves at 11:45am.

Cost: \$31M/\$35NM

## GEVA Theatre

### *Carry It On* • Wednesday ~ November 10th

Grammy Winner Maureen McGovern performs a moving musical memoir that chronicles a generation of songs by the Beatles, Joni Mitchell, Paul Simon and others that are given a fresh rendition against the backdrop of her very personal story. Transportation leaves at noon.

Cost: \$24 M/\$29 NM. Reservations and payment by Wed. November 3rd at noon.



Village Fitness of LeRoy, in partnership with the GGCC, offers this fitness program.

Classes run on Mondays, Wednesdays & Fridays from 9-10 am. Call for details and eligibility requirements.

**QUILTERS CLUB:** Join us on **Thursdays from 9:30 until noon** in the parlor. FREE.

**Bible Study:** meets every **Friday from 11:30am-12:30** in the parlor. Everyone is invited to attend.



### October 25 at 10:15am -

Celebrate Halloween with card making, trivia facts and finish with delicious pumpkin treats.

### November 12th at 10:15 am

**Decoupage Fall Votives** - Join us as we create a beautiful fall votive. This will make an elegant addition to your Thanksgiving celebration or use it as a gift for your Thanksgiving host. We will enjoy a baked apple treat and great conversation!

**Primetimers Programs are FREE but registration is required for supply purposes.**

*Primetimers* is a senior program that offers the opportunity to socialize within the community. A wide range of programming is offered for your enjoyment. This program occurs about once a month, is free and is open to all seniors.

## Gillam-Grant Donation Wish List:

gardening Tools, everyday tools  
new or gently used toddler & preschool age toys

## Senior Evening Meals

**October 18th ~ 5:30pm** - Chef Brandan Smith will prepare green salad with rolls, chicken marcela, garlic mashed potatoes, glazed carrots, and bananas foster for dessert. Entertainment will be a demonstration of Zumba, an energized dance inspired by Latin and international music. You may even pick up a few steps! \$8M/\$9NM  
**Reservations and payment requested by NOON on 10/15.**

**Save the date: Nov. 15th enjoy a Turkey Dinner.**

## Dr. Jekyll and Mr. Hyde

At the Lancaster Opera House October 21st

Dr. Jekyll is a brilliant scientist frustrated by his dull life in 1888 London. He creates a formula to transform himself into brutish, but compassionate Mr. Hyde. Hyde lives the high life until his passions begin to turn up a body count.

Transportation leaves the center at 11:45 for a lunch on your own at Applebee's in Batavia. Then we will travel to the opera house for the 2:30pm performance. Anticipated return is 5:30pm. Cost for transportation & performance is \$31M/ \$36MN.

**Reservation and payment MUST be received by October 11.**

# COMMUNITY NEWS

**October 2nd:** Bergen United Methodist Church Chicken BBQ beginning at 4:30. Pre-sale tickets at church office. Call 494-1312 for more info.

**October 20th:** Stone Church Presbyterian Church Chicken & Biscuit Supper. Adults \$8, Kids (6-12) \$5, under 5 free. Take out at 4:30, Seatings at 5,6,7pm. Call 494-1847 for more information.

**October 24th:** Byron Presbyterian Church Annual Turkey Dinner. Serving a family style dinner or as a take-out from 11:30am until 2:00pm. Cost is \$8.00.

**November 14th:** Stone Church Presbyterian Church Raffle drawing for Cub Cadet Snow Blower. Tickets \$2 or 3/\$5. Call Deb 494-2153.

The GGCC has made every effort to prepare this newsletter as accurately as possible. However, errors may occur. There may be circumstances where adjustments may need to be made to program dates, times, fees, etc. The Center reserves the right to make any changes as necessary. The GGCC also reserves the right to charge a \$40 fee for returned checks. Registrations will not be accepted if past due fees are unpaid.

### Pre-Registration and payment are required for all classes.

Offered in cooperation with the Byron-Bergen School District. Register by mail, by phone (494-1621) or in-person at Gillam-Grant Community Center. Registration and payment with GGCC is required 1 week prior to the program, unless otherwise indicated. *GGCC reserves the right to cancel programs for any reason including lack of participation. Decisions to cancel classes due to low enrollment are made 1 week prior to the start date. If a class within a given program is cancelled, Gillam-Grant will make every effort to reschedule the class on a similar day, at a similar time. If this is not possible, the class may need to be made up on a different day and/or time. Registration fees will only be reimbursed to those with a physician's medical excuse one week prior to the start of class.*

#### Zumba Exercise Class ~ 6-7:15pm

Zumba combines easy to follow dance moves to Latin rhythms to achieve a great body sculpting, toning and aerobic fitness incorporating Latin and International music & dance movements, which creates a dynamic, exciting, and effective exercise program. This class is for non-dancers and dancers alike on Wednesdays.

**New session began Sept. 8th.** Next session will start **October 27th** for 6 Wednesdays. Instructor: Marilyn Slentz. Cost \$35M/\$40NM. Walk-ins: \$7.50 per class.

#### AARP Safe Driving Course

Two day course on **Dec. 14th and 16th from 9am-1pm.** Bring a small bag lunch or snack. Attendance at both classes is required. Primary drivers aged 50 and older can receive a 10% reduction off their insurance premium (liability & collision) & may reduce up to 4 points on their driving record. Certificate given at completion of program is good for 3 years. Instructor: Kenneth MacGregor. Fee: \$12 if AARP member, \$14 non AARP member. Check payable to AARP at 1st class.

#### Fitness/Exercise Room

The session in progress is Sept 9th-Dec. 22nd at BB High School. Open Mon., Wed., & Fri. evenings 6-8pm, except school holidays. **A usage card is required,** please pick up at the center. Fee: \$35

#### Acrylic Painting for Adults

**Started Thursday, Sept. 16th-Oct. 21st** from 6:30-8:30pm. Whether you are a novice or more advanced, this class offers you the opportunity to find or enhance your artistic abilities. Instructor & artist Lorie Longhany. *Walk-ins at \$10 per class.* Next class starts **Nov. 4th** for 6 Thursdays.

#### 'Busy Bees' Toddler Playgroup

Appropriate for 2 to 3 year olds. This playgroup offers children and parents the opportunity to interact with other toddlers and parents in a playful environment. Children learn to share, play and socialize with others. Session began September 15th... but late registrations will be accepted. Next session begins in November. Cost per 10 week session: \$50/M \$55/NM

#### Total Body Fitness

The class includes body sculpting with weights & ball to achieve a healthy balance. Started **Tuesday, Sept. 14th-Nov. 2nd** from 6-7pm. Bring a water bottle & floor mat.

Certified instructor Jane Slack.  
Walk-ins are available for \$7.50.

Next session will begin Nov. 9th -Dec. 7th.

#### Pilates Exercise Class

Focus on your core muscles to improve balance, strength and support. This exercise class runs at Gillam-Grant on Tuesdays and Thursdays from 4pm-5pm with instructor April Schwenebraten. Beginners welcome. Bring floor mat and hand weights. Walk-ins welcome. Call the center for pricing details, based on number of sessions in month.

#### Water Aerobics

**Saturday ~ Oct 2nd-Nov. 20th**

8-9am Fee: \$44 M / \$49 NM

Bring a pool noodle to class. Instructor: Jane Slack.

**Wednesdays at 5:30-6:30**

**Call the Center for more details**

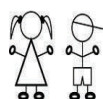
Walk-ins: \$8 per class with pre-reg. & payment at the Center.

#### NYS Pre-licensing Class

**October 18 and 25.** You must have a NYS Learner's Permit to take this class and bring it to the Center when you register and pay. Class size is limited. Report to class at 3:20pm; class begins promptly at 3:30 to 5:30. Anyone who is late will NOT be admitted & no refund will be granted to late comers. Bring your own snacks/beverage for break.  
Cost: \$27M/ \$32NM.

#### Individual Bass, Guitar or Banjo

5 sessions for ages 7 & up-beginner or intermediate. Classes available Tues., Wed. & Thurs. from 3pm to 6pm. Call to schedule a session. \$60M/\$65NM



## Story Time

Come have some fun! Toddler story time is every Monday at 10:30-11am. Each week there will be entertaining stories and snack. This story time is suggested for children 18 months to 4 years old who attend with a caregiver. No registration needed.

**Fall Placemat and Napkin Class****Thursday, October 14th 6:30 - 8:30**

Autumn isn't autumn without lots of pumpkins and apples—stacked on your porch or decorating your table. This class will teach the technique of raw edge appliqué to create your own fall placemats and napkins using either a pumpkin or apple motif. Participants will piece the background, fuse appliqué and apply using a blanket stitch. Templates will be provided. **Supply list will be available when you register and pay for this class, no later than October 6.** You will need to bring your own sewing machine. Cost: \$15M/ \$20 NM

**Men's Basketball**

This great exercise will begin again on October 6th from 7:30-9:30pm at the Byron-Bergen Elementary School gym until the middle school gym is available. Program coordinated by Rick Muscarella. Cost: \$25 for 10 week session, paid at the first session or \$4 per day to be paid at the door weekly. Program will run until at least March 2., 2011 on days when Byron-Bergen School is in session.

**Waistline Survival During the Holidays**

Enjoy the holiday season more than ever before while whittling your waist and feeling great in your body. Make this years' holidays the best ever with tips, handouts, recipes, and tastings in a fun research-based class. Join Dr. Amy Mercovich for this class on **Tuesday, November 16th from 7:30- 9:00pm.** Cost: \$24 M/ \$29 NM

**Tantalizing the Taste Buds:****Blind Taste Test Night with Dr. Amy Mercovich  
Friday, October 1st from 6-7:30pm.**

Ever wonder which brand of vanilla ice cream actually tastes the best? We will "blind" taste test many popular foods and beverages. When the evening concludes you will have eaten a meal and dessert and will have a better knowledge of your taste preferences. A great Girls' Night Out! Must be 21 or over. Cost: \$25M/\$30NM

**Creative Storytelling Workshop****Thursday, November 18th from 6:30-7:30pm**

Using a variety of lively and entertaining stories, games and activities, students are encouraged to be creative in storytelling during this workshop. This class is suggested for students in grades 3-5.

Registration deadline: November 10th.

Cost: \$5M/\$7NM

*This program is made possible with funds from the Decentralization Program, a re-grant program of the NYS Council of the Arts, administered by the Genesee-Orleans Art Council.*

**Karate**

ISSHIN RYU KARATE

**Session starts Saturday, Oct. 2nd****Oct. 2, 9, 16, 23 & 30; Nov. 6, 13 & 20; Dec. 4, 11 & 18**

**At the B-B Elementary School Gym and Cafetorium  
Open to students ages 5 and older, teens and adults.  
Age 5 is accepted on a trial basis.**

**ADULT BEGINNER CLASS BEGINNING Oct. 2nd!**

Have you always wanted to try a martial art? Start with this beginner ADULT class. Take this OPPORTUNITY!  
Class time 10:15-11:15am.

KARATE FOR BEGINNERS All ages 10:15-11:15am \$35/1st timers  
WHITE BELTS 10:15am - 11:15am \$40 M/\$45 NM  
YELLOW / ORANGE BELT 11:30am - 12:30pm \$40M/\$45 NM  
GREEN/BROWN /BLUE /BLACK BELTS 9 -10am \$40M/\$45NM  
KALI (stick) IAIDO (sword) 12:45pm - 2:00pm \$40M /\$45 NM

Supervised and instructed by Shihan Cyndy Jones.  
**REGISTRATION FORMS ARE AVAILABLE AT GILLAM-GRANT OR at CLASS ON SAT. Oct 2nd.**

**Gillam-Grant Office Hours**

Mon, Tues, Thurs, &amp; Fri 9am - 4:30pm, Wed 9am - 7pm

Gillam-Grant Events and Activities are posted on our website calendar at [gillamgrant.org](http://gillamgrant.org). **Check it Out.**

**'10-'11 Gillam-Grant  
After-School Program**

The Kid Zone Program is a supervised after-school program. The program is coordinated to offer children in Kindergarten through 5<sup>th</sup> grade an environment of social, recreational, and instructional opportunity. Kid Zone is open based on the school calendar. It runs week days from 2:30-5:45 pm. Call GGCC for additional information at 494-1621.

6966 West Bergen Rd.  
Bergen, NY 14416

Non-Profit Organization  
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Bergen, NY 14416

**BOXHOLDER**