

GILLAM GRANT COMMUNITY CENTER



October 2011

gillamgrant.org

(585) 494-1621



Now Open...

The Learning Center at Gillam-Grant

The Learning Center at Gillam-Grant is now open. The new Learning Center provides individual and group tutoring services for students in grades kindergarten thru 12th.

Sessions are available in all core subjects including reading, writing, science, math and social studies. In addition, the Learning Center offers review classes/sessions for regents, ACT/SAT prep, midterms, and finals. We will also provide enrichment classes and activities such as study skills sessions, writing classes, and book review clubs.

The mission of the Learning Center is to provide quality, affordable tutoring services to help students reach their highest academic potential. Our Center will be staffed with a highly trained tutoring staff that truly cares about your child's potential. Services are available to all students throughout Genesee and surrounding counties. The Learning Center is here to help build a better academic future for all students in need.

Student registrations are NOW being accepted!

If you have questions regarding the Learning Center, or would like to explore services, please contact Tracey Phelps at 494-1621.

Is your child unorganized, frustrated, having trouble understanding, behind in school work, or having trouble keeping up in advanced studies? Does your child need to have more challenging lessons to advance their academic achievements? The Learning Center can help!

Call 494-1621

The Learning Center can help students...

- **Gain Confidence**
- **Learn Study Skills**
- **Improve Academic Performance**

Would you like to be a tutor? Applications are currently being accepted.

Oct. 24th Social Supper

Entertainment by Christine Mannix DeValder, a trombone soloist. She will play familiar tunes including marches, big band and sing-a-longs. Brandon Smith will be serving salad, stuffed pork chop, vegetable and dessert. Dinner at 5:30pm, Reserve by Oct. 21 at Noon. Phone reservations can be paid by credit card.
Cost: \$9M / \$12NM

November 7th Social Supper

Enjoy a traditional turkey dinner prepared by Chef Brandan Smith at 5:30pm. Following dinner, enjoy a patriotic program entitled "Freedom's Story—Liberty's Glory" Diane Potter's photo, Liberty's Glory has been called the defining image of our nation and it is the inspiration for her program. Diane pays tribute to the 125th anniversary of the official acceptance of Lady Liberty through Diane's own personal photographs.
Reserve by Friday Nov. 4th at noon.

Next Dinner on Monday, Dec. 19th

GEVA Theatre—Dracula

Before Edward in *Twilight* and Lestat in *The Vampire* there was Dracula. Bloodthirsty, lustful and evil—but above all a gentleman. Sink your teeth into this passionate and lush adaptation of Stoker's 1897 novellas he journeys from his castle to the streets of London. Transportation leaves the center at noon on **Oct. 26th** for the 1:00 pm prologue & 2:00pm show.
Cost: \$35 M/\$45 NM. Reservations & payment by 10/19.

Christmas Memories at Yorkshire Hall in Pembroke ~ Dec. 7th

Step back into the golden days of radio—at Christmas time! Join the studio audience as the story unfolds at the radio station where presenters are snowed in and the show has limited DJs. Enjoy songs, laughter, a tug at the heart strings and some Christmas refreshments. We will have lunch at your own cost at the Coffee Culture in Batavia on the way. Transportation leaves the center at noon and will return at about 4:15pm.
Limited seating available. Sign up now!!!
Cost: \$24M/\$29NM

SILVER SNEAKERS! Village Fitness of LeRoy, in partnership with the GGCC, offers this senior fitness program. Classes run on Mon, Wed & Fri from 9-10am at the Center. Call for details and eligibility requirements. Gillam-Grant Members qualify!

Hurd's Orchard Luncheon ~ Harvest Table

Join us on **Friday, October 28th** for a delicious day! The moment has finally arrived when the harvest of apples, berries, flowers, pumpkins and squashes is complete. Can you imagine the fun you will have savoring a special menu and delighting in the colorful harvest gatherings of late October? Transportation will leave the Center at 11:45am.
Cost: \$32M/\$39NM **Space is limited**—Reserve your spot at the Harvest table now!

PRIMETIMERS



October 31st at 10:15: Mad Hatter Party! Let's celebrate Halloween. We will have entertainment by Allen Hopkins. Come and wear a hat. It can be funny, fancy or practical. Awards will go to the "best" hats!

November 2nd at 10:15: Richard Fink will come demonstrate how he built a wonderfully detailed Medieval cookie castle. And while you watch and learn munch on cookies and coffee.

December 5th at 10:15: Time to get ready for the holiday season. Join us as we make a Christmas greeting card. Enjoy coffee and some holiday spirit.

Primetimers Programs are FREE but registration is required for supply purposes.

Primetimers is a senior program that offers the opportunity to socialize within the community. A wide range of programming is offered for your enjoyment. This program occurs about once a month, is free and is open to all seniors.

Holiday Social Supper ~ Dec. 19th

Brandan Smith will serve a delicious Christmas meal. After dinner enjoy holiday songs of Ireland, Scotland and Wales by Cuisle Mo Chrio. Combine some flute, Irish penny whistle, guitar, Celtic harp and rich vocal harmonies and let your spirits rise. This amazing trio is one of the premier folk ensembles in the Rochester area.
This program is made possible with funds from the Decentralization Program, a re-grant program of the NYS Council of the Arts, administered by the Genesee-Orleans Art Council.
Reservations deadline noon on December 16th

AARP Safe Driving Course

Thursday, Dec. 15th 9:00am-3:30pm. Bring a small bag lunch or snack. Primary drivers aged 50 and older can receive a 10% reduction off their insurance premium (liability & collision) & may reduce up to 4 points on their driving record. Certificate given at completion of program is good for 3 years. Instructor: Kenneth MacGregor.
Fee: \$12 if AARP member, \$14 if not AARP member. Must Pre-Register. Check payable to AARP at first class.

QUILTERS CLUB: Thursdays from 9:30-noon

Pre-Registration and payment are required for all classes.

Offered in cooperation with the Byron-Bergen School District. Register by mail, by phone (494-1621) or in-person at Gillam-Grant Community Center. Registration and payment with GGCC is required 1 week prior to the program, unless otherwise indicated. *GGCC reserves the right to cancel programs for any reason including lack of participation. Decisions to cancel classes due to low enrollment are made 1 week prior to the start date. If a class within a given program is cancelled, Gillam-Grant will make every effort to reschedule the class on a similar day, at a similar time. If this is not possible, the class may need to be made up on a different day and/or time. Registration fees will only be reimbursed to those with a physician's medical excuse one week prior to the start of class.*

Swimming Lessons

SATURDAYS ~ Nov. 12—Dec. 17
(no class 11/26)

5 week session. Beginner, Intermediate and Advanced lessons under the direction of Kathy Lovett. Registration forms are available at Gillam-Grant & sent home with children at BB Elementary. Call 494-1621 for more information. Registration required prior to the start date of class. First come basis. Fee: 5 lessons \$28M/ \$33NM

Water Aerobics

Wednesdays ~ Nov. 9th-Dec. 7th
(no class on 11/23)

5:30-6:30 Fee: \$24.50 M / \$34.50 NM

Bring a pool noodle to class. Walk-ins: \$8M/\$10NM per class with pre-registration & payment at the Center. **Next session starts in January**

Yoga & Meditation Half-Day Retreat "Get your Zen on before the Holiday"

On **Sat. Dec. 3rd from 7:30 until 11:30 am**, Dr. Amy Mercovich offers this retreat which includes two yoga sessions, for all levels, two meditation sessions, silent time, music and breakfast. Bring a yoga mat, water bottle and meditation cushion (or use a chair).

Wear exercise clothes and bring layers for all temperatures. Cost:\$44M/\$49NM

Men's Basketball

This great exercise will begin again on **October 5th** in the Byron-Bergen middle school gym from 7:30 until 9:30. Bring your proof of insurance card to first session in order to participate.

10 week cost: \$25M; \$35 NM Walk-in rates per night are \$5M/\$6NM.

Fitness/Exercise Room

The session runs from Sept. 7th-Dec. 21st at BB High School. Open Mon., Wed., & Fri. evenings 6-8pm, except school holidays. **A usage card is required**, please pick up at the center. 4 month Fee: \$40M /\$45 NM

Check out the Gillam-Grant Calendar at
gillamgrant.org

Total Body Fitness

The class includes body sculpting all muscle groups with weights & ball to achieve a healthy balance. Class meets Tuesdays starting **November 1st - Dec. 6th from 6-7pm**. Bring a water bottle & floor mat. Certified instructor Jane Slack. Cost: \$36.50M/\$46.50NM Walk-ins are available for \$8M/\$10NM
Next session starts in January.

Pilates

Exercise Program

Focus on your core muscles to improve balance, strength and support. Beginners welcome. This exercise class at the Gillam-Grant Community Center is **every Tues. & Thurs. from 4:00-5:00 pm**. Walk-ins welcome for \$8M/ \$10NM once class minimums are met. Students should provide your own hand weights, floor mat and water bottle.

Instructor: April Schwenebraten.
Nov. classes 11/1-11/29 no class 11/24



Karate

ISSHIN RYU KARATE

10 Week Session started Sat., Oct. 1st

LATE REGISTRATIONS ACCEPTED!!

At the B-B Elementary School Gym and Cafetorium Karate, a martial art, promotes physical fitness and gives improved coordination. It builds confidence and self esteem. The program includes conditioning exercises for stamina and strength. Karate promotes discipline and mental focus and is a fun activity in for the whole family. Open to students ages 5 and older, teens and adults.

KARATE FOR BEGINNERS All ages 10:15-11:15am \$40
WHITE BELTS 10:15am - 11:15am \$45M/\$55 NM
YELLOW/ORANGE BELT 11:30am - 12:30pm \$45M/\$55 NM
GREEN/BROWN/BLUE/BLACK BELTS 9-10am \$45M/\$55 NM
KALI (stick) IAIDO (sword) 12:45pm-2 pm \$45M/\$55 NM
Add on rate: \$35M / \$45NM

Supervised and instructed by Shihan Cyndy Jones.

Holiday Kid's Craft Time

Wednesday, December 7th
3:45-5:00

Children in grades K-5 are invited to come create a Holiday craft. Pre-register at Gillam-Grant and ride the Kid Zone bus to the Center the day of the craft.

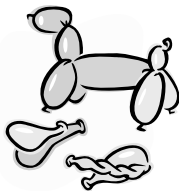
\$6.50 Members / \$7.00 Non-members



Mystery Table Runner Quilting "Guess Who Is Coming To Dinner"

Everyone loves a good mystery. Join us on **Oct. 29th from Noon until 4:00** as instructor Donna Schalge guides us through a mystery table runner. Bring 1 pre-cut to class. You will leave the class with a completed 18.25" by 42.25" table runner. The most important thing to remember when selecting fabrics is contrast! Use color or value to achieve this contrast. Class is designed for the confident beginner and up! **Supply list available when payment is made by Oct. 22nd.** Cost:\$20M/\$25NM

Learn how to make Balloon Animals



With some balloons, a pump and a little bit of twisting technique you can learn how to sculpt balloons! Your instructor, Cathy Glucksman will show you on **Oct. 25th from 7pm-8pm** how to make an exciting piece of art with a simple twist and turn. Cost: \$8M/\$10NM includes all supplies. Suggested ages 9 & up.

NYS Pre-licensing Class December 19th and 20th

- You must have a NYS Learner's Permit to take this class and bring it to the Center when you register and pay. Class size is limited. Report to class at 3:20pm; class begins promptly at 3:30 to 5:30pm.

Anyone who is late will NOT be admitted and no refund will be granted to late comers. Bring your own snacks or beverage for break. Fee: \$30M / \$35NM.

Individual Bass, Guitar or Banjo

5 sessions for ages 7 & up-beginner or intermediate. Classes available Tues., Wed. & Thurs. from 3pm to 6pm. Call to schedule a session. \$60M/\$65NM

ZUMBA

Come get exercising!
Kick-off the fall with a cardio dance workout to upbeat music.

Current session runs to Nov. 10th. Walk-ins welcome!

Daytime Session: 3:45-4:45pm or

Evening Session: 6:00-7:00pm

Walk-ins \$8M/\$10NM

Instructed by Stephanie Colvin

Waistline Survival during the Holidays

Weds. Nov. 16th from 6:30—8pm.

Dr. Amy Mercovich presents this terrific program that provides healthy menus, exercise, stress management suggestions, and habits of the fit and trim. The program is presented in a discussion and power point format. Don't let holiday eating take control of you! Handouts and tastings will be included. Fee:\$25M/\$35NM



BEGINNER & INTERMEDIATE FENCING

7:15-8:15pm

8 Thursdays starting Oct. 20th –Dec. 15th

No class 11/24

Improve fitness & coordination, develop problem-solving skills as you learn the basics of Olympic-style foil fencing. Parents can learn along side their children because fencing is for ALL ages. Co-Ed classes are held at Gillam-Grant for adults and youth 9 yrs & older. All equipment is supplied.

Wear sneakers & full-length jog /sweatpants.

Instructor, Colin Dentino. Fee: \$65 M/\$75 NM

United Way Donor Options

Please consider choosing Gilliam-Grant (donor option # 1319) as your donor option when contributing to the United Way. Donors who contribute over \$40 receive free memberships to the GGCC. Contribution forms are available at Gilliam-Grant if you would like to become a United Way contributor.

Family Portraits *For the Holidays* Special for you... During the entire month of November!

Mark Kulikowski, of **Southside Photography Portrait Studio**, offers our community the opportunity to have family pictures taken during the month of November. The sitting fee of \$10 per family will be donated to the community center! As a special perk for Gillam-Grant members, you can order a "Member Package" for just \$25 which includes an 8x10 and 25 (4x8) Christmas cards with envelopes! Additional portrait packages are also available. Call Southside Photography at (585) 813-4248 to schedule an evening or weekend sitting



'11-'12 Gillam-Grant After School Program

The Kid Zone Program is a supervised after-school program. The program is coordinated to offer children in Kindergarten through 5th grade an environment of social, recreational, and instructional opportunity. Activities include arts and crafts, games, TV/movies, homework time, computer use, outdoor activity and much, much more! Kid Zone is open based on the school calendar. The program runs week days from 2:30 -5:45 pm. Bussing from the school is provided daily to Gillam-Grant. We are also open on half-days and several days off from school. Call GGCC for additional information at 494-1621.

Wednesday Story Time



Come have some fun! Story time is every Wednesday from 10:30-11am. Each week there will be entertaining stories, activities and snack. This is suggested for children 18 months to 4 years old who attend with a parent/caregiver. No registration needed. Welcome to Marilyn Pocock, our new story teller!

Mad Hatter Party

October 31st at 10:15am, Let's celebrate Halloween with a crazy twist. We will have entertainment by Allen Hopkins. Come and wear a hat. It can be funny, fancy or practical. Awards will go to the "best" hats! Program is free, registration required.



Holiday Luncheon and Shopping

On **November 30th**, celebrate the season with us. Enjoy lunch at the quaint Red Bird Café and Tea Shoppe. Lunch choice as follows: Roasted Chicken Salad with fruit & roll, Hot Monti Cristo panini sandwich with side & fruit, Quiche or cold sandwich or wrap (choice of ham, turkey, tuna, vegetarian). After lunch you will travel to the Glue Factory Gift Shop which offers a distinctive blend of Victorian and Country gifts and home accessories to choose from. Bus transportation leaves the Center at 11:30am and returning approximately 3:30pm. Cost: \$24M / \$34NM
Transportation made possible in part by a grant from the Genesee Senior Foundation, Inc. Social Transportation Program, funded by the Rochester Area Community Foundation's Muriel H. Marshall Fund for the Aging.

TODDLER Learn & Play

INSTRUCTED BY PAULA WADE, Certified Teacher

Mondays 10-11am Next Session (4wks): Jan 23, 30, Feb 6, 13

The Toddler Learn & Play group will offer kids from ages 2-3 years old an opportunity for playgroup learning. Toddlers will have the opportunity to learn through fun, theme based activities including hands on crafts, storytime, playtime, and peer socialization. Parents or guardians attend Learn & Play with their child. Fee of \$10 per tot (covers 4 weeks) for program supplies. Scholarships available. Space is limited.

Getting Paid to Talk, Making Money with Your Voice

Thursday, November 3rd from 6:30-9:00pm

This class is an introduction to professional voice overs. Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voiccoach.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Space is limited, and registration closes one week prior to class, so register early. Instructed by *Voice Coaches*.

Fee: \$16M/\$26NM

How did the Learning Center Come to Be?

With a lot of HARD work and some REALLY great donations!

The Learning Center has been a vision for quite some time. However, with any new program, start up costs can be overwhelming to a non-profit. The Learning Center was made possible with the assistance and help of many donations and volunteer labor! We would like to extend our appreciation to all the people that made contributions to the project. Most importantly we would like to thank the Bank of Castile for the donation of all the office furniture and fixtures. Many volunteers contributed to the movement of the heavy items and to the installation. This Learning Center came together because of community spirit and the efforts of VOLUNTEERS! What a great COMMUNITY!



Thank you!



The Bank of Castile

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Mike Starowitz
Elizabeth Phelps
Colleen Stevens
Maddy Audsley
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The Gillam-Grant Staff: Della, Lew, Kyle,
Sheila, Shirley, Cheryl, Tracey & Peggy
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Roberts Wesleyan Learning Center
The Growing Gillam-Grant Team



Focus on... Headaches

Are you sick of having headaches that you feel in your temples or the back of your head and neck?

There is help. Chiropractic adjustments commonly cure tension headaches. Dr. Amy & Dr. Pat will teach you how to manage your neck better so you can stay pain-free and relaxed.

Call now – new patients are being accepted.



Bergen Family Chiropractic

Amy Mercovich, D.C. • Patricia Swapceinski, D.C.
45 N. Lake Ave., Bergen • (585) 494-2870
BergenChiro.com

GGCC Office Hours:
MON, TUES, THURS, &
FRI 9:00am-4:30pm
OR WED 9am-7:00pm



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Hall & Tent Rentals

Are you planning a business meeting, birthday, anniversary, family reunion or graduation party? Consider using the Gilliam-Grant Hall. Or, if you are looking for party tents, we have two 20x20 white tents available. Call Della at GGCC during office hours for information!
494-1621

Sunday Brunch and Visit to Vidler's Five & Dime ~ November 6th

We start our trip with a delicious brunch at the Roycroft Inn in East Aurora. This extensive brunch includes wide variety from the omelet station to lunch items to the dessert table. Guests receive a complimentary Bloody Mary or Mimosa if they choose, included with the brunch. Then start your Christmas shopping early at Vidler's. This old fashioned five and dime is so much more. It occupies two levels of four 19th century buildings.

Counters overflow with a wide variety of merchandise from nostalgic candy, novelty toys and kitchen gadgets to the newest items for the recreational shopper! Bus leaves the Center at 10:15am and returns around 4:15pm. Cost: \$40.50M / \$48.50NM includes transportation, brunch & hours of time to shop.

Gillam-Grant Community PHOTO CONTEST

All local "photographers" are invited to participate in our first ever Gillam-Grant Community Photo Contest. The subject of the photo contest is "Many Different Sides of Gillam-Grant". Photos will be on display at the Gillam-Grant Community Center from December 3rd thru 16th. To participate please fill out an entry form that you can download from our website at www.gillamgrant.org or pick one up at the Center. Entries are limited to three photos per applicant and must be framed and ready to hang. Please see entry form for complete details. Application deadline November 21st, 2011.



Late Night Catechism

Thursday, November 17th

Presented on Geva Theatre's Nextstage

Catechism classes are never as much fun—or as hilarious—as when they are led by Sister in this international hit comedy.

This show will strike a resonant chord with everyone who survived the ups and downs of going to school, with an omniscient authoritarian at the helm. School bus transportation leaves Gillam-Grant at 6pm sharp for the 7pm show. Call to register as soon as possible. Payment must be made by Thursday November 3rd. Cost: \$44Members/\$54Non-Members

The GGCC has made every effort to prepare this newsletter as accurately as possible. However, errors may occur. There may be circumstances where adjustments may need to be made to program dates, times, fees, etc. The Center reserves the right to make any changes as necessary. The GGCC also reserves the right to charge a \$40 fee for returned checks. Registrations will not be accepted if past due fees are unpaid.



Acrylic Painting for Adults

6 Thursdays: Oct. 27th-Dec. 8th

from 6:30-8pm (no class 11/24)

Whether you are a novice or more advanced, this class offers you the opportunity to find or enhance your artistic abilities. Instructor: Lorie Longhany.

Fee: \$50 M/ \$60 NM. Walk-ins: \$12

Art Adventures for Kids

6 Thursdays: Oct. 27th-Dec. 8th

from 3:30-5pm (no class 11/24)

Come learn about art by creating several fun projects with instructor Lorie Longhany! Lorie is an art teacher with years of experience to share with your kids.

Suggested for grades 2—6.

Fee: \$60M/ \$70NM. Walk-ins \$14 per class.



Second Annual Gingerbread House Contest

Let visions of sugarplums dance in your head while the smell of gingerbread wafts through your kitchen as you prepare your creative entry! Registrations will be accepted on a first come, first serve basis with a limit of 50 entries. Registration, rules and information are available at Gillam-Grant. Gingerbread houses will be displayed at Santa's Workshop and prizes awarded on December 10th. Registration Fee: \$10 M/\$12 NM

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BOXHOLDER